

Scams Awareness 2018

We've been actively involved in the digital **#scamaware** campaign this year and across the month have been tweeting advice/alerts to our followers.

The overall messages this year

- *Report scams you encounter; its important to report to help others and to help catch scammers*
- *Anyone can be scammed, even if you are a confident online user, always stay safe, be vigilant and report scams*
- *Help make sure that older & vulnerable people you know don't miss a trick and fall victim to a scam, talk to them and raise awareness , particularly about telephone and email scams*

Join us on twitter @wakefieldcab



Celebrating Volunteers Week (1st–7th June) at the Elizabethan Gallery & Pontefract Library



Current Campaigns

Debt & High Cost Credit—we are calling for changes to the regulation of credit card and high cost credit markets to help stop people getting into a debt spiral

Universal Credit—to make sure it works for the people who need it most

Mental Health—calling on government to fund a pilot of integrated advice in health settings to improve recovery rates and stop MH problems getting worse

www.citizensadvice.org.uk

Mental Health & Wellbeing Impact Report: Citizens Advice

Helping people with health conditions is a core part of our service

4 in 5 clients experienced a shock or life event before a practical problem

Practical problems can be harder to manage for those experiencing MH

Practical problems such as managing debt, dealing with rogue landlords or getting adjustments in the workplace can negatively impact on MH and increase demand for council & NHS services

Our clients with MH problems have more complex, urgent & multiple advice needs

Often their advice needs cut across every aspect of their life, from work to debt to housing to benefits

Advice is a mental health service, in prevention and crisis

7 in 10 clients felt less stressed, depressed or anxious following advice

